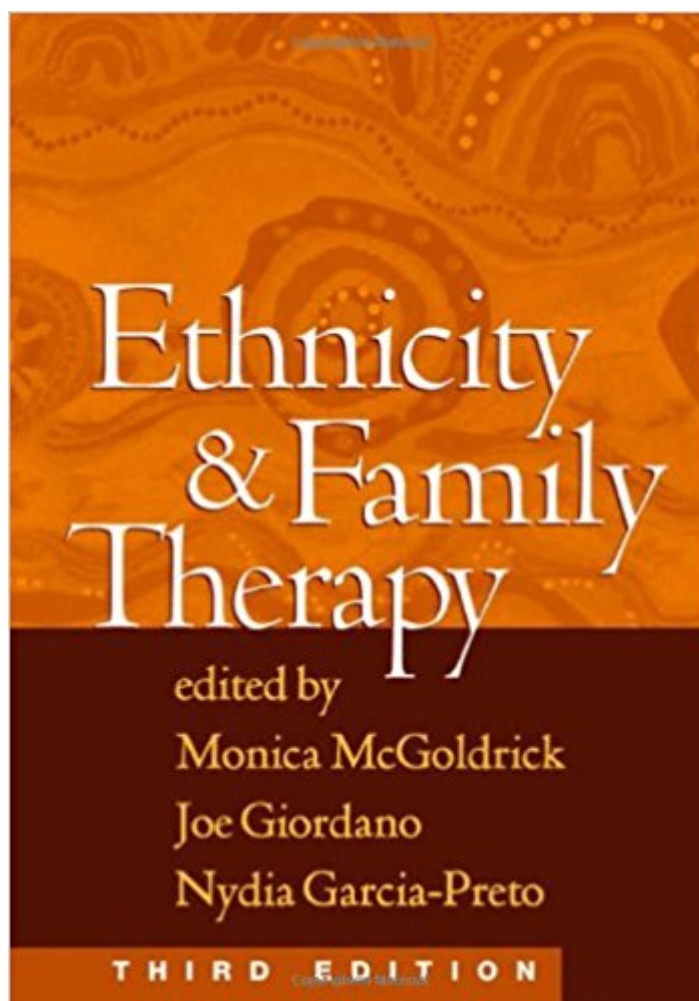


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# Ethnicity And Family Therapy, Third Edition



## Synopsis

This widely used clinical reference and text provides a wealth of knowledge on culturally sensitive practice with families and individuals from over 40 different ethnic groups. Each chapter demonstrates how ethnocultural factors may influence the assumptions of both clients and therapists, the issues people bring to the clinical context, and their resources for coping and problem solving.

## Book Information

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## Customer Reviews

"The representation of additional ethnic groups is an important contribution of this compelling new edition. A clear reminder that cultural diversity is a fact of life, this book gives family therapists and other helping professionals a greater understanding of the histories, values, and expectations of the diverse families and individuals we encounter. Important themes resonate throughout, including the ways that religious and spiritual beliefs, historical circumstances, immigration histories, and experiences of racism and prejudice influence contemporary families' strengths and struggles. Every chapter is moving, unique, and highly useful."--Patricia Arredondo, EdD, Counseling/Counseling Psychology Program, Arizona State University; President (2005-2006), American Counseling Association"Now in its third edition, *Ethnicity and Family Therapy* remains one of the essential textbooks for developing cultural competence in clinical practice. Unlike any other single book in the field, its 54 chapters provide the most comprehensive description of culture-related family issues relevant to mental health and health care. At the same time, this book

wisely teaches us that our understanding of these cultural patterns must incorporate not only ethnicity, but also gender, socioeconomic status, geography, religion, race, and politics, among other factors. A 'must-have' tour de force for seasoned professionals and trainees alike."--Francis G. Lu, MD, Department of Psychiatry, University of California, San Francisco, and San Francisco General Hospital "Ethnicity is part of the lived experience of each of us every day, whether in the foods we like, our ways of expressing affection, religious and political views, gender roles, taboos and expectations, and so much more. This book expands our understanding of the complexity of the cultural fabric of our families: what distinguishes us and what unites us. As we travel through a multiplicity of national, cultural, racial, and religious backgrounds, what is most remarkable is that across all of these diverse experiences and conditions, families are important to us all. This book allows us to celebrate our differences while encouraging us to conduct our clinical work with respect toward and knowledge of each family's ethnic and cultural uniqueness."--Joseph Szapocznik, PhD, Center for Family Studies, Department of Psychiatry and Behavioral Sciences, University of Miami "I have used Ethnicity and Family Therapy as a text for 12+ years in my master's-level Cross-Cultural Counseling course. I have been impressed with the various editions of the text as a compendium of information regarding a broad cross-section of the human family. I have particularly enjoyed the increasing expansion of coverage, both within broad ethnic groups and across groups. This breadth deepens my students' comprehension of the richness of human diversity and mitigates their tendencies to view members of different groups through monolithic lenses. This text has been invaluable in my approach to teaching about the nexus of person, problems, and treatment approaches."--Daryl M. Rowe, PhD, Graduate School of Education and Psychology, Pepperdine University "The editors and contributors have made substantial changes in the content of the third edition, as evidenced by the expanded 'Overview' chapter that sets the tone of why ethnicity is so important for our work as family therapists....The editors have added 13 new chapters, with the bulk of these chapters focusing on Latino and Asian ethnicities. This is a welcome change, considering that the changing racial and ethnic demographics of the USA are primarily related to increased immigration from Latino, Asian, and Pacific Islander populations....Another welcome addition is the appendix on cultural assessment....Has the potential to influence all the different spheres of what it means to be a family therapist. It should be part of every family therapist's library." (Journal of Marital and Family Therapy 2005-08-20) "Scholars, students, and everyone interested in diverse family patterns will welcome this engrossing, highly informative third edition of Ethnicity and Family Therapy. Major strengths of this book are the range of groups considered, a highly readable writing style, consistency of format throughout the chapters,

extensive documentation, and the relevance of context covered to typical clinical situations....A treasured resource that can serve to help explain behavior patterns that are seemingly idiosyncratic yet that may be rooted in history and culture....As a textbook, *Ethnicity and Family Therapy* is especially relevant to courses in cultural and ethnic diversity and could serve as a supplement to family therapy courses." (Research on Social Work Practice 2005-08-20)"An important resource....It is an authoritative and comprehensive reference that should be read by anyone who seeks cultural competence in providing therapy to families in the culturally diverse society of the contemporary United States." (The Family Psychologist 2005-08-20)"This well-edited and comprehensive volume should prove to be of great value to psychotherapists of all orientations....Most specific chapters begin with historical accounts and cultural overviews. These informative materials will help any psychotherapist appreciate the factors affecting individual patients and families as they strive to accept and adjust to American societal expectations....Clinicians would be wise to keep a copy of this volume available for consultation to enhance their ability to provide culturally competent assessment and treatment."(on previous edition) (American Journal of Psychiatry 2005-08-20)

Monica McGoldrick, LCSW, PhD (h.c.), Director of the Multicultural Family Institute in Highland Park, New Jersey, is also Associate Professor of Clinical Psychiatry at the University of Medicine and Dentistry of New Jersey—Robert Wood Johnson Medical School. She was Visiting Professor at Fordham University School of Social Service for 12 years. Ms. McGoldrick received her MSW in 1969 from Smith College School for Social Work, which later granted her one of the few honorary doctorates awarded by the school in its 60-year history. Other awards include the American Family Therapy Academy's award for Distinguished Contribution to Family Therapy Theory and Practice. An internationally known author, she speaks widely on culture, class, gender, the family life cycle, and other topics. Joe Giordano, MSW, is a family therapist in private practice in Bronxville, New York. He was formerly Director of the American Jewish Committee's Center on Ethnicity, Behavior, and Communications, where he conducted pioneering studies on the psychological nature of ethnic identity and group behavior. The author of widely published articles on ethnicity, family, and the media, he served as host of *Proud to Be Me*, a PBS television program, and as producer of the audio series *Growing Up in America*. Nydia Garcia-Preto, LCSW, is cofounder and Clinical Director of the Multicultural Family Institute. She has served as Visiting Professor at the Rutgers Graduate School of Social Work and as Director of the Adolescent Day Hospital at the University of Medicine and Dentistry of New Jersey. A noted family therapist, author, teacher, and lecturer, Ms. Garcia-Preto has published and presented widely on Puerto Rican and

Latino families, Latinas, ethnic intermarriage, and families with adolescents. She is a highly respected trainer in the areas of cultural competence and organizational team building.

Decided not to sell this book back when class was over because there was so much great, practical, and surprising information regarding different ethnic groups. I see this as a great resource to aide in the therapeutic relationship.

just what I needed.

This is a fantastic book! I am so glad I decided to invest in such an important book.

This is a very helpful book when learning how to counsel people from different cultural backgrounds. This book gives detailed information about the traditional customs and views of each of the cultures, as well as providing information about suggested ways of counseling. Very good book for all counselors.

This is an excellent book. I read the older edition for a diversity course as part of my doctoral psychology education. I sought out the book as I develop a training program for interns to enrich our discussions on ethnicity. I personally love reading it on my own for enjoyment also and I'm not even a family therapist.

This is a great informative book. It does not generalize all Asian, Latin or Middle Eastern cultures. It breaks it down into individual countries. It also gives a cultural history of the target group and their assimilation into American society. It is the only one I know of that discusses European Americans as part of diversity. My only disappointment is that there is no discussion of South America. Overall this is an excellent book recommended to me by one of my Psychology professors.

Excellent source for counselors!

It is very heavy to carry this book. I am using a cane because a surgery. Not good for me.

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